

GREETINGS!

We are very excited to have your family be a part of our Holiday Weekend Family Camp program. Please download this letter to remind you of some things before you arrive.



If you have not sent in your Health forms, please mail them in now. If it is less than two weeks before the program begins, bring your forms with you, but do call us as soon as you can if you or your family has any health or food restrictions that you wish to have accommodated. Our health forms can be found on your program page on our website. If you have not made your final payment it is due 30 days before the program begins.

On your day of arrival check-in will be held from 6-8pm (EST) in Coquina Commons, this is building E on the campus map. Please park in front of the building and come inside for registration. When you check-in, staff will orient you and direct you to your lodging. You will also receive the updated program schedule. There is no dinner the first night, but there is an Ice Cream Social starting at 8pm to coincide with our program orientation. If you are running late on the day the program begins, please call the office at (757) 824-5636 or the after hour's cell phone at (757) 894-7708.

Please Register for your Saturday Morning Class if you have not already done so. The Class sign-up form can be found here: <https://msconsortium.wufoo.com/forms/zmljclfrilcqt2/>

Please be aware of the time that it takes to travel on the Eastern Shore. The speed limit is 35-55 mph for most of the shore. Please allow yourself plenty of time for travel. We are located 2.5 hrs away from Norfolk (in normal traffic). We are 3.5 - 4 hrs away from Washington D.C. For those traveling from the south (Norfolk Area) there is a \$15.00 toll to cross the Chesapeake Bay Bridge Tunnel.

Linens provided are Twin flat and fitted sheets, pillow, pillow case, 2 towels, and 1 wash cloth. You must bring all of your own toiletries including soap. Please make sure to bring plenty of plastic/reusable bags to put your wet clothes and shoes in after fieldtrips. Rooms are simple with 2-4 beds and a dresser or cubby unit.

SOME HELPFUL NUMBERS

Chincoteague Bay Field Station

Office (8 AM to 4:30 PM): (757) 824 5636

After Hours Emergencies (4:30 PM to 8 AM): (757) 894 7708

Naturally,

Mike Hillman

Adult and Family Education Coordinator

Chincoteague Bay Field Station

34001 Mill Dam Road

Wallops Island VA 23337

www.cbfieldstation.org

PACKING LIST



We recommend bringing the items on this list in addition to what you normally bring on a 2-3 day trip. Because our programs are active and field based you will need more changes of clothes than usual. Please feel free to pack additional clothing as you may want to change clothing throughout the day.

OBLIGATORY ITEMS

- Adults need a United States Government Issued Photo Identification (i.e. Drivers License, Passport) for access to Wallops Island – the Navy/NASA base. Important Note: Foreign Nationals are not allowed entry onto the base. Without a United State Issued I.D.

NECESSARY ITEMS

- Rainwear (rain, parka, jacket, pants)
- Shoes
 - o 1 pair of lace-up sneakers that can get very wet/muddy for boat and marsh trip *mandatory*
 - o 1 pair of sandals that strap tightly on to your feet
- Lightweight jacket or sweatshirt
- Long sleeved shirt
- Field clothing for dry trips (long pants recommended)
- Field clothing to get wet and slimy
- Long pants and tight fitting sneakers that can get muddy for the marsh trip
- Shorts
- Bathing Suit, beach towel
- Cool weather clothing (sweatshirts, jackets, long sleeves)
- Sun protection (SUNSCREEN , HAT, SUNGLASSES)
- Insect deterrent (it can get very buggy here, bug spray or clothing cover-ups are essential)
- Toiletries (BAR SOAP, TOOTHPASTE, etc)
- Extra towels including a beach towel
- Refillable water bottle
- Day bag or backpack for transporting your supplies during day trips
- Several Plastic grocery bags for wet clothing, laundry and shells
- Notebook, Pencil and/or Pen
- Trash bags for dirty laundry

SUGGESTED ITEMS

- Portable chair for the beach and the field (useful for grandparents on the beach)
- Laundry detergent and quarters for the Coin Operated Laundry
- Extra Pillow (we provide one pillow)
- Extra Blankets (we provide one blanket, some people prefer additional blankets)
- Personal Fan (the residence halls have AC/Heat, but some prefer additional cooling methods)
- Money for the camp store or souvenirs
- Bicycle (for riding on the refuge during free evening - if you wish)
- Binoculars or spotting scope
- Camera
- Cards, board games, books
- Field guides