

Greetings!

We are very excited to have your family be a part of our Coastal Sampler program. The welcome letter is to remind you of some things before you arrive.

Check In on the first day of program is from 4:00 pm to 6:00 pm. There is no dinner the first night. Please eat dinner before arrival or bring something to snack on during evening lecture. If you have not sent in your Health forms please mail it in now. If it is less than two weeks before the program begins bring it with you. They can be found on the homeschool page on our website. If you have not made your final payment it is due 30 days before the program begins. On your day of arrival check-in will be held at the Education Center. This is the large building, with a beautiful glass entry way, located on the corner of Enterprise Street and Mill Dam Road. Please park in front of the building and come into the lobby for registration. When you check-in staff will orient you and direct you to your lodging. You will also receive the updated program schedule. There is no class the first night so you will have plenty of time to explore Chincoteague on your own. Visit the island creamery, Play mini golf or just chill out at the beach on Assateague. If you are running late on the day the program begins please call the office at (757) 824-5636 or the afterhour's cell phone at (757) 894-7708.

Please be aware of the time that it takes to travel on the Eastern Shore. The speed limit is 35-55 mph for most of the shore. Please allow yourself plenty of time for travel. We are located 2.5 hrs away from Norfolk (in normal traffic). We are 3.5 - 4 hrs away from Washington D.C. For those traveling from the south (Norfolk Area) there is a \$12.00 toll to cross the Chesapeake Bay Bridge Tunnel.

Remember that you must bring your own twin-size bedding, including sheets, pillow and blankets, as well as all of your own toiletries. Rooms are simple with 2-4 beds and a dresser or cubby unit.

SOME HELPFUL NUMBERS

Chincoteague Bay Field Station

Office (8 AM to 4:30 PM): (757) 824 5636

After Hours Emergencies (4:30 PM to 8 AM): (757) 894 7708

Parker McMullen-Bushman: personal cell (773) 426 2738 (please only use on Check In day to reach Parker directly)

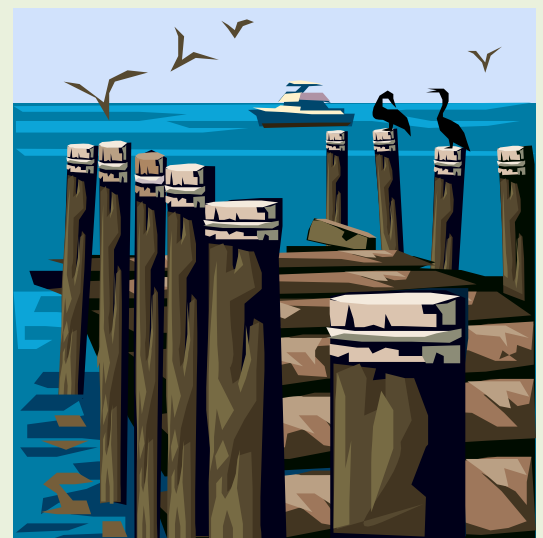
Thanks,

Parker

C. Parker McMullen-Bushman

Adult and Family Education Coordinator

Chincoteague Bay Field Station





Packing List

We recommend bringing the items on this list in addition to what you normally bring on a 1-2 day trip. Because our programs are active and field based you will need more changes of clothes than usual. Please feel free to pack additional clothing as you may want to change clothing throughout the day.

Obligatory Items

Adults need a United States Government Issued Photo Identification (i.e. Drivers License, Passport) for access to Wallops Island – the Navy/NASA base.

Important Note: Foreign Nationals are not allowed entry onto the base.

Necessary Items

1 pair of strap on sandals or water shoes for intertidal trip (sandals must have straps that hold the shoe on to your foot securely.)

Lightweight jacket or sweatshirt

Field clothing to get wet and slimy

Clothing for beach trip

Rainwear (rain parka, jacket, pants)

Bathing Suit, beach towel

Sun protection (SUNSCREEN , HAT , SUNGLASSES)

Insect deterrent (it can get very buggy here, bug spray or clothing cover-ups are useful)

Toiletries (BAR SOAP, TOOTHPASTE, etc)

Towels

Refillable water bottle

Alarm clock (Cell phones are not dependable as alarm clocks because of patchy reception.)

Day bag or backpack for transporting your supplies during day trips

Plastic grocery bags for wet clothing, laundry and shells

Notebook, Pencil and/or Pen

Trash bags for dirty laundry

Pillow and Pillow Case

Sleeping Bag and or Blankets

Fitted and Flat sheets for a Twin Bed

Suggested Items

Laundry detergent and quarters for the Coin Operated Laundry

Personal Fan (the residence halls have AC/Heat, but some prefer additional cooling methods)

Money for the camp store or souvenirs

Portable chair for the beach and the field

Binoculars or spotting scope

Camera

Suggested readings for before and after your adventure

Fiction

Misty of Chincoteague by Marguerite Henry

Culture and History

Assateague: Island of Wild Ponies

by Andrea Jauck and Larry Points

Beautiful Swimmers: Watermen, Crabs and the Chesapeake Bay

by William W. Warner

Chincoteague National Wildlife Refuge: An Ecological Treasure

by Rene Hinke-Sacilotto

Chincoteague Revisited: A Sojourn to the Chincoteague and Assateague Islands

by Dorothy Camagna and Jennifer Cording

Eastern Shore (American) Indians of Virginia and Maryland

by Helen C. Rountree

Eastern Shore Railroad (VA)

by Chris Dickon

Off 13: The Eastern Shore of Virginia Guidebook

by Kirk Mariner

Once upon an island: The history of Chincoteague

by Kirk Mariner

True Tales of the Eastern Shore

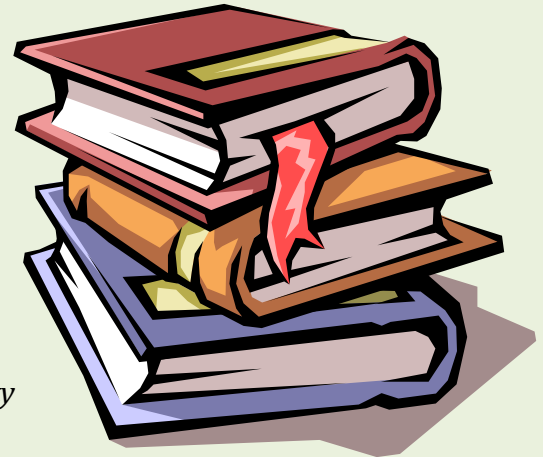
by Kirk Mariner

Voices of the Chincoteague: Memories of Greenbackville and Franklin City

by Martha Burns and Linda Hartsock

Wallops Island (Images of America: Virginia)

by Nan Devincent Hayes and Bowen Bennett



Science and Nature

Atlantic Shorelines: Natural History and Ecology

by Mark Bertness

A Naturalists Guide to Seashore Plants: An Ecology for Eastern North

America by Shirley Peron

Life and Death of the Saltmarsh

by John and Mildred Teal

Field Guides

A Field Guide to the Atlantic Seashore: From the Bay of Fundy to Cape Hatteras

by Kenneth L. Gosner

The Sibley Field Guide to Birds of Eastern North America

by Sibley

Field Guide to Identification of Wildflowers of North America

by Peterson

Common Plants of the Mid-Atlantic Coast: A Field Guide

by Gene M. Silberhorn

Books for Kids

Awesome Ocean Science (Kids Can! series) (ages 7-12)

by Cindy A. Littlefield

Life in the Chesapeake Bay

by Professor Alice Jane Lippson

Seaside Naturalist: A Guide to Study at the Seashore

by Deborah A. Coulombe

The Ocean Book: Aquarium and Seaside Activities and Ideas for All Ages

by Center for Marine Conservation

The Naturalist's Guide to the Atlantic Seashore: Beach Ecology from the Gulf of Maine to Cape Hatteras

by Scott Wesley Shumway