

Packing for Camp

If possible, campers should use a large duffel bag for packing. Place a list of items inside of the duffel bag so that counselors can help campers maintain their possessions. Every camper should be sure to pack:

- Water bottle
- Sunscreen
- Bug spray
- Plastic bags to put dirty/wet items
- Sleeping bag or twin bed linens
- Pillow and pillowcase
- Wash clothes & Towels (at least 3: 1 for using outside and 2 for showering)
- Toiletries (shampoo, soap, toothpaste, toothbrush, hairbrush, deodorant, etc.)
 - Include shower caddy/container so camper can easily bring toiletries to and from bathroom to limit items left in shared spaces
- Flashlight
- Clothing for six days (plus a few extras)
 - Shirts
 - Shorts
 - Long pants (required for getting into the marsh)
 - Underclothing
 - Swimsuits (at least 2: 1 that can get muddy, 1 for the beach)
 - Closed-toed athletic/tennis shoes
 - Secure shoes that has laces that can get muddy (for the marsh)
 - Secure shoes that can get wet (sandals with straps, Chaco's, water shoes, etc)
 - Flip-flops
 - Sweatshirt and raincoat (or any other layers they might need)
 - Masks (suggested to bring at least 10, so 1 or 2 could be used each day)
- Optional Items
 - Disposable camera
 - Books, comics, or magazines
 - Rainy day games, cards
 - Stationery/stamps
 - Hand sanitizer

Items Not Allowed at Camp

- Cell Phones
- Handheld electronic/internet devices (In addition to these items being costly and unsecured at camp, the content of material accompanying them is often not suitable to be shared with other campers.)
- Weapons of any kind including but not limited to, firearms, explosives, bows, knives, and other blades.
- Illegal drugs/alcohol
- Nut products (Some campers experience severe food allergies. We encourage food-free care packages.)

Chincoteague Bay Field Station is not responsible for any lost or damaged personal items in the camper's possession.