Summer Session Information



Checking In

- Check in will be held in Limulus Lounge between 2-5:30 pm.
- For Check in you need:
 - o A completed health waiver
 - \$50 damage deposit (cash or check)
- Dinner will be held at 6:00 pm and a MANDATORY orientation will be held following dinner

Keys/Dorms

- Salicornia Suites: Each suite (4 bedrooms and 2 bathrooms) locks and each suitemate will have a key. However, individual rooms do not lock from the outside. Key replacement is \$30.
 - No TV's, fridges, microwaves, or other appliances are allowed.
 - o Twin bed
 - o Desk with a chair
 - o 1 dresser



- o Bathrooms include double sinks, a soap dispenser, toilet paper, and a shower curtain
- o Bathrooms are cleaned once a week by housekeeping staff so please keep the area tidy

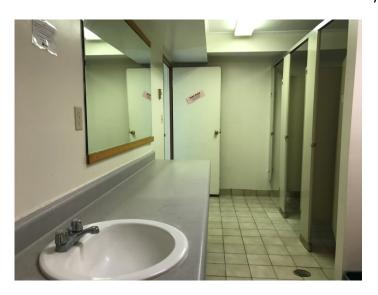




- Traditional Dorms: Each dorm wing has an exterior key and all dorm rooms have a key. Key replacement is \$30.
 - o No TV's, fridges, microwaves, or other appliances allowed
 - Lofted twin bed
 - o Desk with a chair
 - Closet
 - o Dresser
 - ** It is a good idea to bring a fan since there is no AC**



- o Bathrooms include double sinks, a soap dispenser, toilet paper, and a shower curtain
- o Bathrooms are cleaned once a week by housekeeping staff so please keep the area tidy





• Upon check-in, a **\$50 damage deposit** will be needed (can be cash or check). If no damages occur upon check-out, the deposit will be returned.

Phones, Internet, and Mail

- Cellular reception on the Chincoteague Bay Field Station campus is patchy and generally does not work inside.
- Wireless access points are located in the education center, Salicornia suites, cafeteria, and college lounge. However, our system is quickly overloaded. Please do not set you phones or other devices to

connect automatically. Too many users on the systems means no access for anyone. No streaming video.

- If you are bringing a laptop, Ethernet access ports are more reliable than wireless. **Bring your own Ethernet cable!** Ethernet ports are in the labs and college lounge, and computer lab. Internet access is also available on desktop computers. Download speed is slow. No streaming or large media downloads. There is no Ethernet access in student housing.
- Mail (USPS, Fedex, UPS) can be sent to:

Your Name- College Program Chincoteague Bay Field Station 34001 Mill Dam Rd Wallops Island, VA 23337

Parking

- If you need a parking pass, one will be given to you at check-in, for free
- The parking pass must sit on the dashboard of your car and be visible at all times
- 3 parking lots will be designated and labeled for college parking

Laundry

- Coin operated washers and dryers are available
- It is \$1.25 for the washer and \$1.25 for the dryer
- Quarters can be purchased by the RA on duty or by the U&R Department office.

Food

- Breakfast, lunch, and dinner are included from Sunday Dinner- Friday Lunch
- Meals time are:

BREAKFAST 7:30 LUNCH 12:00 DINNER 6:00

- Vegetarian options are available but you may need to ask the cafeteria servers for them.
- Friday dinner, all Saturday meals, and Sunday breakfast and lunch are not included, but are available for purchase.
 - Menus will be available from Ocean Deli and the RA on duty will call in your order, pick it up, and deliver it to the RA office.
 - All orders must be paid for with cash and will be rounded up to the nearest whole dollar (for taxes and delivery fee)
 - o You MUST place your order with the RA on duty by 10:00am for brunch and 5:00pm for dinner
 - o Available meals:
 - Friday Dinner
 - Saturday Brunch, Saturday Dinner
 - Sunday Brunch
- For some fieldtrips you will pack lunches in the morning following breakfast. Bring an insulated lunch bag and water bottle.

Not yet opened, single serving, non-perishable foods may be kept in your room.

Kitchen

- All students share a single small kitchen that includes a fridge, microwave, and coffee pot.
- The kitchen is provided for students to keep and prepare snacks. It is not sufficient for regularly cooking meals.
- No utensils or dishes are provided; you may bring your own.
- In the kitchen, food must be kept tightly sealed and clearly labeled.
- Students are responsible for cleaning the kitchen. Kitchen access may be closed if problems occur.
- No cleaning fish or storing bait in the kitchen.
- Kitchen hours will be restricted from 7:00AM-10:00PM

Entertainment

- College lounge: This common area is open to all college students 24 hrs a day. It consists of several rooms, including a lounge for watching dvds, a small library, computer area, and games area.
- The college patio area has a fire pit and grill. No bonfires or large fires. You must supply your own wood (or charcoal for the grill)









- Bring games, cards, balls, etc for indoor and outdoor play. There is a sand volleyball court and non-regulation soccer goals. The RA office has games available for sign-out (i.e. Kan Jam, soccer ball, volleyball, corn-hole, board games, cards).
- Visit the refuge and town of Chincoteague! We are a short drive from one of the most popular beach towns of the Mid-Atlantic.
- Weekend activities will be arranged throughout the summer (i.e. Soccer games, tie-dye, island trips)
- There is a Red Box at the closest gas station.

Shopping

- It is recommended that you bring everything you need with you. However there are some local stores. Chincoteague has many souvenir and beach shops as well as grocery and hardware. There is also a grocery store and pharmacy within a 5 minute drive of CBFS. Slightly further away is Pocomoke, MD with several big box stores like Walmart.
- The CBFS Store! Open M-F during office hours. Items such as T-shirts, notebooks, field guides, stamps, souvenirs, sodas, snacks and some personal items may be purchased. Master Cards or Visas are accepted for payments with a minimum of \$10 purchase.

In the field

- Field clothes are clothes that are protective, easy to clean, and can get stained and ruined. You will get dirty and wet. There will be sun, wind, and rain. Be prepared. Wear comfortable shoes that are firmly attached to your feet. (Flip flops are good for around campus, but not in the field.)
- Insects: Mosquitos, no-see-ums, ticks, these things bite you then itch. Wear long sleeves and pants. Keep doors closed. Check for ticks after a fieldtrip, make sure they are removed fully and don't leave their little heads in. Use of bug sprays is not allowed when handling specimens or entering the water. It is worth spending the \$15 to buy a bug jacket off of amazon.
- Wind: It might be a nice warm day on campus, but once in the field the wind can be blowing hard. Bring wind impervious clothing on all field trips.
- Sun: Bring sunscreen, a hat with a chinstrap, light weight long sleeve shirts and pants.
- Poisonous plants: Watch out for poison ivy, oak and sumac.
- Boats: On all CBFS vessels you must wear tennis shoes or boots. No water shoes or sandals.
- Always bring your water bottle!

Checking Out

- When your course is over, you will need to check-out.
- Check-out hours will be held on the last Friday and Saturday. You must be checked-out by 10am Saturday. Students may wait in the lounge for their ride.
- Dorm rooms **must be cleaned** for checkout inspection. Common areas of must be cleaned, garbage emptied and recycling taken out before anyone checks out. Sweep floors in the common areas and your room. Students will be charges for damage done to CBFS property. If no damages are found during dorm inspection and all keys returned, the \$50 damage deposit will be returned to the student.

- If you are attending consecutive sessions, you may want to stay over between sessions.
- Even if you are staying over your room must be inspected. If staying over, your room does not need to be emptied but must be neat and tidy. Don't forget, you may be getting a new roommate. Bathrooms should be entirely emptied of all personal property.
- A limited amount of storage space may be made available to students who are vacating a room but returning later. We do not guarantee safety or security of stored items. Items to be stored must be packed and labeled. No food!!!

Alcohol Policy

- Students are not allowed to possess alcohol at the Chincoteague Bay Field Station including unopened or empty containers. This includes all CBFS property and any vehicles parked at CBFS.
- Possession of alcohol will result in dismissal from the Chincoteague Bay Field Station and properties without refund.
- Knowingly being around open containers is treated as possession regardless of how much you have consumed.
- If over 21, please drink responsibly if off-campus. Designate a driver. Be respectful of people while you are off campus and when you return to campus.
- If you are under 21, don't drink.

Guest Policy

- All overnight guests must be registered and pay in advance. A 48 hour notice (at minimum) is required.
- \$15 per night
- Cannot stay in mixed/opposite gender dorm
- If the host is the same gender as the guest, and there is an available bed in their room, the guest may stay with the host. Otherwise the guest will be assigned an available bed in the traditional dorms
- Must pre-register and pay for meals
- Hosts will be held responsible for damages or rule violations
- All guests must sign and submit a health & waiver form

Further Questions

• A MANDATORY orientation will be held the Sunday night of check-in, after dinner, in which further questions you have may be answered and more specifics about the topics covered here will be addressed.

Places of Interest

H & H Pharmacy - Chincoteague Island

6300 Maddox Blvd Chincoteague VA 23336 Phone: 757-336-3115

Fax: <u>7573361947</u>

H & H Pharmacy - Oak Hall

7001 Lankford Hwy Oak Hall VA 23416 Phone: <u>757-824-4477</u>

Fax: 7578244011

Hospitals/Care centers

Your Doc's In Urgent Care 1511 Ocean Highway Pocomoke City, MD 21851

Phone: <u>443-437-7368</u>

Atlantic Community Health Center

5219 Lankford Highway New Church, VA 23415 phone: <u>757-824-5676</u> fax: <u>757-824-5872</u>

Peninsula Regional Medical Center

100 East Carroll Street Salisbury, MD 21801 410-546-6400

Distance: 1 hour

Peninsula is where you would most likely be transported to in an emergency situation.

Grocery / Specialty Stores

Food Lion

7013 Lankford Hwy

Oak Hall, VA

Distance: 10 minutes

Your general grocery store—nothing special, but it covers the basics.

Royal Farms

33620 Chincoteague Road

Wallops Island, VA *Distance: 2 minutes*

Great gas station and convenience store, with a surcharge free ATM

Chesapeake Bay Farms

4111 Whitesburg Road, Pocomoke, MD 21851

Distance: 25 minutes

Local cows that make local cheese, local milk, local butter, and local ice cream! The little farm store also sources locally raised, free-range meats from around the Delmarva Peninsula.

Food

Ocean Deli

33591 Chincoteague Road

Wallops Island, VA *Distance: 3 minutes*

Pizza, Sub Shop, Sandwiches, Gyros ... basically your favorite Italian / Greek / Corner grocery gas station!

Sea Star (open during tourist season)

Maddox Blvd, Chincoteague

Distance ~15 min

Awesome take-out sandwiches and soups, very vegetarian and vegan friendly

Pico

Maddox Blvd, Chincoteague

Distance ~15min

Excellent tacos and guacamole made with fresh, local ingredients

The Creamery

Our favorite ice-cream spot! Delicious homemade ice-cream and wafflecones! Maddox Blvd, Chincoteague

Distance ~15 min

Woody's BBQ

6700 Maddox Blvd, Chincoteague

Distance ~ 20 minutes

Main Street Shop

4288 Main Street Chincoteague

Distance ~ 15 minutes

Main Street has excellent iced coffee and good biscotti.

Saigon Village (open during tourist season)

4069 Main Street Chincoteague

Distance ~15 min

Vietnamese food – delicious, well-priced food and a cozy atmosphere.

The Corner Bakery

Best donuts on the shore!

Onancock, VA

Distance: half-hour